



Recovery Day Winnipeg Lineup Announcement!

When: September 10, 2023, 11am-3pm

Where: CN Festival Field, The Forks, Winnipeg

For immediate release, Winnipeg, MB- September 6, 2023

We have an exciting lineup of events taking place at CN Festival Field from 11:00-3:00 and we would love to see you there. Everyone is welcome!

You can expect a kids and family zone with fitness & wellness activities, face painting, beading, and a bouncy castle. There will be a community tent set up with recovery and mental health resources from over 30 organizations from across Manitoba, as well as food trucks. New this year will be a *Non-Mimic Mocktail Patio* located by the CN Stage hosted by The Sobr Market!

“I picked up my husband from the Crisis Centre after a threatened suicide attempt. I was in shock and bewildered as to what to do and where to turn. I had no idea we were in dire financial straits due to his drinking. We went to The Forks to eat and found Recovery Day 2022. We entered the Community Resource Tent, and realized that there was help all around us. The resources available literally gave us both the resources to receive the help we needed. It saved our lives and our marriage!” - Recovery Day 2022 Attendee

Recovery Day is honoured to have Arnold McCuller bring a keynote address and special musical performance! He's the guy that you didn't know you knew, with decades of musical performances alongside heavy hitters like James Taylor, Carole King, Phil Collins and many other A-List performers. A little Winnipeg connection - McCuller sang backup vocals on Winnipeg's own Bros. Landreth song *Made Up Mind* that Bonnie Raitt covered and won a 2023 Grammy for. Not only is Arnold McCuller a renowned vocalist and musician, but he is also a Certified Intervention Professional who has passionately worked towards helping people with substance abuse and mental health issues.

Other musical guests will include the nostalgic classic rock inspired musical stylings of Flatland Famous, as well as DJ interludes by the masterful M.C. LUV and Wanda G, and headlining the stage at 2:30pm are the D. Rangers whose music has been described as mutant bluegrass, un-country, arm-swinging hillbilly-stomp. You don't want to miss it!

“Addiction is a disease that affects anybody and everybody- there isn't a family that is not touched by addiction. I came from an upper middle class family and still ended up on the streets. I have seen that recovery is real, and attainable, and I'm grateful that we can build community and share recovery resources through free and accessible events like Recovery Day.” - Ian Rabb, Co-Chair Recovery Day Winnipeg, Interventionist and Addictions Specialist, Founder of Two Ten Recovery.

This event would not be possible without the following sponsors:

Presenting Sponsors: St Raphael Wellness Centre, Two Ten Recovery.

Recovery for Life Sponsor: Manitoba Liquor and Lotteries.

Gratitude Sponsors: The Fort Garry Hotel Spa & Conferences Centre, Kelburn Recovery Centre, Paramount Services Ltd., Southeast Child & Family Services.

Courage Sponsors: The Winnipeg Foundation, The City of Winnipeg, The Johnston Group, Spirit House Rising, Bruce Oake Recovery Centre, Thorwin Properties, Peterbilt Manitoba.

Hope Sponsors: Canadian Addiction Treatment Centres, Edgewood Health Network, Canadian Mental Health Association-Manitoba and Winnipeg, Royal Mechanical, McNaught Buick GMC, Gallagher Insurance, Executive Medical Solutions.

Care Sponsors: Pratts Wholesale Food Service, Adult & Teen Challenge of Central Canada, Mr. Jim Morden, Royal Bank of Canada, Luxe Furniture Company, Wawanesa, and Aurora Recovery Centre, Riverbend Counseling and Wellness, Komana Financial.

ABOUT: Recovery Day is a national movement committed to mobilizing and organizing Canadians in recovery from addiction and addiction-related problems. Our mission is to build awareness, challenge societal stigma, and celebrate the role that recovery plays in improving life for individuals, families, communities, cities, and countries. www.recoverydaywinnipeg.ca

MEDIA Contacts: Jennie O'Keefe | Recovery Day Coordinator | directors@fetejockey.com | 204-296-8587



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CUTLINE: Recovery Day is back with an exciting family-friendly lineup of entertainment!

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