



## **Recovery Day Winnipeg is back with a very special guest!**

When: September 10, 2023, 11am-3pm

Where: CN Festival Field, The Forks, Winnipeg

**For immediate release, Winnipeg, MB- August 24, 2023**

**Recovery Day is honoured to feature Arnold McCuller!** He's the guy that you didn't know you knew, with decades of musical performances alongside heavy hitters like James Taylor, Carole King, Phil Collins and many other A-List performers. A little Winnipeg connection - McCuller sang backup vocals on Winnipeg's own Bros. Landreth song *Made Up Mind* that Bonnie Raitt covered and won a 2023 Grammy for.

Not only is Arnold McCuller a renowned vocalist and musician, but he is also a Certified Intervention Professional who has passionately worked towards helping people with substance abuse and mental health issues. McCuller will be kicking off Recovery Day Winnipeg @ The Forks with a special keynote address. Following his keynote address, our community resource tent, filled with many local organizations that provide mental health services such as The Canadian Mental Health Association to a number of non-profit residential treatment recovery centres like Bruce Oake and Kelburn, will be open for folks to find recovery information for themselves or their loved ones.

“The road of recovery has been blessed with a soundtrack all my own. My music infused with the blessings of my friends who I used and got clean with! Songs inspired by the richness of recovery, as well as memories music made back in the day. I would never change the station that plays it all!” -Arnold McCuller, American musician, composer, producer, actor and certified recovery interventionist.

What is Recovery Day? Recovery Day Winnipeg is a free family-friendly event that supports and celebrates recovery. At Recovery Day, we are passionate about sharing the faces, voices and stories of recovery in hopes of inspiring and inviting others to join us on the rewarding yet diverse path to wholeness. Together, we demonstrate the proof that recovery is real, attainable and sustainable.

**Please join us at CN Festival Field at The Forks from 11:00-3:00pm for an afternoon of live music, entertainment for kids and families, food trucks, a non-mimic mocktail patio hosted by Sobr Market, and a recovery community resource tent.**

“We are so honored to have such a prolific musician and artist who has now dedicated his life to recovery. He is somebody that I look up to as an interventionist and a recovery champion and we are so lucky to have someone like him come to Winnipeg to share his story.” - Ian Rabb, Interventionist and Addictions Specialist, at Two Ten Recovery, Universal Ibogaine, Clean.Sober.Now, and Kelburn Recovery Centre.

### LINKS:

Arnold McCuller's Website: <https://arnoldmcculler.com/>

James Taylor Tribute to Arnold McCuller in 2022: [https://www.youtube.com/watch?v=pdPfCUBU2\\_k](https://www.youtube.com/watch?v=pdPfCUBU2_k)

This event would not be possible without our sponsors:

Paramount Services, Hotel Fort Garry, Kelburn Recovery Centre, Southeast Child and Family Services, Thorwin Properties, City of Winnipeg, Edgewood Health Network, Peterbilt Manitoba, Spirit Rising House, Two Ten Recovery, St Raphael Wellness Centre, The Winnipeg Foundation, Bruce Oake Recovery, Canadian Addictions Treatment Centres, CMHA- Manitoba and Winnipeg, Royal Mechanical, Gallagher Insurance, Executive Medical Solutions, Pratts Foods, Teen Challenge, Mr. Jim Morden, Mr. Tom DiNardi, Luxe Furniture Company, Wawanesa, and Aurora Recovery Centre.

CUTLINE: Legendary musician and recovery coach Arnold McCuller comes to Recovery Day Winnipeg.

*ABOUT: Recovery Day is a national movement committed to mobilizing and organizing Canadians in recovery from addiction and addiction-related problems. Our mission is to build awareness, challenge societal stigma, and celebrate the role that recovery plays in improving life for individuals, families, communities, cities, and countries. [www.recoverydaywinnipeg.ca](http://www.recoverydaywinnipeg.ca)*

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